



The MARATHON VALLE SPLUGA is an International Amateur cycling event that takes place on gravel roads, dirt tracks, and asphalt roads and its philosophy highlights the team spirit.

The Regulations of this Event affiliated and promoted by A.C.S.I. complies with the F.C.I. National Amateur Sector Implementing Rules.

All participants are required to read the following Regulations carefully before registering.

ART. 1 – GENERAL INFORMATION ABOUT THE EVENT

MARATHON VALLE SPLUGA will take place on Sunday 17 September 2023 in Chiavenna (SO) Italy.

The race includes **three routes** – short, medium, and extreme – for those competing, both special time-trial sections and transfer stretches to be covered at leisure pace are included; for those not competing, leisure pace only is admitted.

In addition, there will also be a “Family” route.

In these Regulations, MARATHON VALLE SPLUGA will also be referred to as the Event or the Race.

The Race will be considered valid, for A.C.S.I. members only, as “**Gravel Marathon National Championship**”.

It is MANDATORY for each competing rider of the EXTREME route to present him/herself with a k-way at the controls before the start. Penalty: disqualification. Winter gloves are also recommended.

ART. 2 – BICYCLES

The Event is a **Cycling Race with gravel and MTB bicycles; for the “Family” format only also e-bikes are allowed (MTB and Gravel e-bikes).**

ART.3 – ROUTES AND STARTS

MARATHON VALLE SPLUGA includes 3 routes plus the Family route: the short “Alpe Motta” - 80.1 km and 1,857 m total elevation gain; the medium “Montespluga” - 99.2 km and 2,321 m total elevation gain; the Extreme “Pian dei cavalli” 118.8 km and 3,349 m total elevation gain.

The route for those competing includes both leisure-paced stretches and special time-trial sections, while for non-competing riders the route is the same and can be covered entirely at leisure pace.

Each participant has the option of choosing whether or not to compete. This choice must be indicated upon registration. Both options require the same type of medical certificate.

This may be limited or conditioned by the organisation for technical and/or safety reasons.

The route will be signposted, but everyone must rely on the GPS tracks and the Route timetable available on the website www.gravelspluga.it .

The Organisation will ensure one start-of-race vehicle and one end-of-race vehicle as well as escorting motorcycles on the routes.

The start will be from 7:30 to 8:00 a.m.; for the EXTREME route we recommend starting at 7:30 a.m.



The only signposting colours are **BLACK ARROW ON ORANGE BACKGROUND**

Signposting of route deviations. Notice will be given prior to the deviation:

Route A - PIAN DEI CAVALLI (EXTREME) - signpost 1 km before the deviation

Route B - MONTESPLUGA (MEDIUM) - signpost 500 m before the deviation. This route only is valid for the A.C.S.I. Gravel Marathon national championship title

Route C - ALPE MOTTA (SHORT) - signpost 500 m before the deviation

FAMILY start at 10:00 a.m.

Gates

MADESIMO for the medium and Extreme routes at 1:45 p.m.

ISOLA for the Extreme route at 3:00 p.m.

ART. 4 – MARATHON VALLE SPLUGA PROVISIONS

It is open to all national and international sports organisations. Participants in Gravel Marathon Valle Spluga must have a regular competitive cycling licence issued by a federation or sports promotion organisation. If the athlete is not in possession of such a licence, it will be sufficient to send a copy of a valid sports medical certificate of fitness via email upon registration and to sign up for a temporary licence (€10.00) on site when collecting the race pack. By registering, the athlete assumes responsibility for what he/she has declared.

ART. 5 - REGISTRATION PROCEDURES AND COSTS

Registrations can be made directly from the website www.gravelspluga.it.

Registration will open at 09:00 on 1 January 2023 (Rome time, CET) with the following prices and closing dates:

From 01.01.23 to 31.03.23	Registration fee 50 € + technical jersey 10 € + one-day membership (for those without a licence) 10 €
From 01.04.23 to 31.05.23	Registration fee 60 € + technical jersey 10 € + one-day membership (for those without a licence) 10 €
From 01.06.23 to 14.09.23	Registration fee 70 € + technical jersey 20 € + one-day membership (for those without a licence) 10 €
LAST MINUTE registration	80 € from 15 to 17 September on site at the Secretariat

The registration fee, regardless of price, will include:

- RACE PACK with free gadgets and souvenir items from the Event;
- FRONT RACE NUMBER for the bicycle;
- MARATHON VALLE SPLUGA MAP with details of routes and refreshment stations;
- REFRESHMENT STATIONS;



- REPRESENTATIVE MEDAL FOR FINISHERS;
- PIZZOCCHERI PARTY at the end of the Event;
- SHOWERS at the finish

ART. 6 - COLLECTION OF THE TECHNICAL ENVELOP & RACE PACK

RACE PACKS & TECHNICAL ENVELOP with RACE NUMBERS will be handed out at the Town Hall in Chiavenna, Piazza Giovanni Bertacchi 2, 23022 Chiavenna (SO)

- Saturday 16 September 2023 from 12:00 to 8:00 p.m.;
- Sunday 17 September 2023 from 06:00 to 09:30 a.m.; race pack collection will be possible until 5:00 p.m.

To collect the TECHNICAL BAGS and RACE PACK, it will be necessary to present the relevant race number card to the staff after having completed the registration procedure.

For non-members who have subscribed to the A.C.S.I. Supporting Membership Card at a cost of 10 € upon registration, no card will be required.

For the collection of technical envelopes and race packs for teams, a cumulative list must be provided with the details of the individual participants.

ART. 7 - REPLACEMENT OR CANCELLATION OF PARTICIPATION

Within 30 days before the Event date, it is only possible to request the replacement of a participant if the registration is in order.

Should a registered participant be unable to take part in GRAVEL MARATHON VALLE SPLUGA, the participation fee will not be refunded, and no race pack will be sent.

Within 30 days before the date of the Event it is possible to give notice of cancellation by sending an email to the following address info@gravelspluga.it.

The organisation reserves the right to evaluate at its sole discretion the communications received if justified by "objective impossibility to participate due to injury" documented by clinical reports.

Clinical documentation will be processed in compliance with the current privacy regulations.

In cases recognised by the organisation, the participation fee alone will be considered valid for registration for the following year's edition.

The registration held valid for the following year is nominal and non-transferable to third parties and will only be valid for the year following the withdrawal. In the event of further non-participation, the fee will be considered lost.

ART. 8 – ROUTE TIMETABLE AND TIMEKEEPING

The route timetable is posted on the website www.gravelspluga.it and will be made official at least 7 days before the Event.

There will be three intermediate time checks, one intermediate time check on the short course, two intermediate time checks along the medium course and three intermediate time checks on the extreme course.



At the start and end of each special TIME-TRIAL section, individual times of the competing riders will be recorded by means of a CHIP. Those who skip even just one Special Time-Trial section will not be included in the finishing rankings.

1st time-trial section – valid for the 3 routes:
Start at km 47.4; 1,152 m above sea level
Finish at km 52.1; 1,752 m above sea level

2nd time-trial section – valid for the medium and extreme routes
Start at km 62.6; 1,673 m above sea level
Finish at km 67.6; 1,880 m above sea level

3rd time-trial section – valid for the extreme route
Start at km 85.8; 1,503 m above sea level
Finish at km 91.5; 2,113 m above sea level

The sum of the times of the first two time-trial sections will determine the rankings valid for the award of the A.C.S.I. Gravel Marathon national title.

With reference to the U.C.I. and F.C.I. Regulations, articles 1.3.010 and 12.4.003 regarding technology fraud, the race commissaires, with the technical support of the Organiser, are authorised to carry out random or systematic checks.

Timekeeping is provided by My Sdam with procedures to be announced prior to the Event.

Non-compliance or refusal to submit to the required technical checks will result in immediate disqualification and reporting to the competent bodies.

ART. 9 – TEAM COMPOSITION, RANKINGS AND AWARDS

The team composition will be defined as such if it consists of a minimum of four cyclists registered for the same sports club. Teams may be composed of men only, women only or can be mixed.

Prizes will be awarded to the teams that bring the most cyclists to the completion of the route, within the time limit indicated by the race timetable in article 10. In the case of teams consisting of the same number of riders, the best sum of the time-trial times will be considered.

Rankings of Teams with the largest number of participants regardless of the type of bike

1st Team “MARATHON VALLE SPLUGA 2023 Prize”

2nd Team “MARATHON VALLE SPLUGA 2023 Prize”

3rd Team “MARATHON VALLE SPLUGA 2023 Prize”

The awards ceremony will take place at the end of the race in the Bike Village at 5 p.m.

The rankings will be published on www.gravelspluga.it and on www.mysdam.net

ART. 10 - INDIVIDUAL RANKINGS AND AWARDS

Classifications will be determined by the sum of the individual times of the Time Trial sections.

1st – 2nd – 3rd Category “MARATHON VALLE SPLUGA 2023 Prize”



Men Categories

- Beginners: aged 17/18
- Juniors: aged 19/29
- Seniors A: aged 30/34
- Seniors B: aged 35/39
- Veterans A: aged 40/44
- Veterans B: aged 45/ 49
- Gentlemen A: aged 50/54
- Gentlemen B: aged 55/59
- Super G/A: aged 60/64
- Super G/B: aged 65 and over

Women Categories

- Women A: aged 18/39
- Women B: aged 40/54
- Women C: aged 55/79

A.C.S.I. Gravel Marathon National Championship Awards

The top 3 finishers in each category must come to the podium.

The A.C.S.I. Gravel Marathon National Champion jerseys will be awarded to the first best-placed rider of each category.

The award ceremony will take place at the end of the race in the Bike Village in Piazza Pestalozzi from 5 p.m.

The rankings will be published on www.gravelspluga.it and on www.mysdam.net

PRIZES NOT COLLECTED IN PERSON WILL NEITHER BE HANDED OVER TO THIRD PARTIES NOR SENT HOME.

The Organisation reserves the right to change the categories in compliance with new regulations or new requirements.

All participants who complete GRAVEL MARATHON VALLE SPLUGA will receive a commemorative event medal on arrival.

ART. 11 - PUBLICATION OF TEAM AND INDIVIDUAL RANKINGS

At the end of the route, the special time trial individual rankings and the team rankings will be drawn up and published.

The rankings will be published on the websites www.gravelspluga.it and www.mysdam.net



ART. 12 – MEDICAL ASSISTANCE

A Shared Medical Rescue Plan approved by the 112 Operations Centre - Sondrio Emergency Department – is in place.

The race is followed by ambulances and 112 S.O.S qualified doctors.

The emergency number is indicated in the Road Book.

ART. 13 – MECHANICAL ASSISTANCE

Ciclofficina Valle Spluga will provide mechanical assistance at the start/finish.

Assistance of any kind by private vehicles following the race is strictly forbidden.

The Organisation guarantees mechanical assistance (to be paid) at all refreshment stations.

- CAMPODOLCINO - ASSISTANCE – opening at 10:00 a.m., closing at 4:00 p.m.
- MADESIMO - ASSISTANCE – opening at 11:00 a.m., closing at 1:00 p.m.
- MONTE SPLUGA - ASSISTANCE – opening 11:30 a.m., closing at 2:00 p.m.

ART. 14 – REFRESHMENTS

Along the course two kinds of refreshments are provided:

- Official Marathon Valle Spluga REFRESHMENT STATIONS (marked with R on the MARATHON VALLE SPLUGA MAP) with beverages, sweet and savoury food in authentic Spluga Valley style.

FEED ZONE N.1 (km 32,3) – All the routes – Refreshment station in via ai Raschi (Chiavenna), beverages only

FEED ZONE N.2 (km 55,3) – All the routes - Latteria Alpe Motta (Campodolcino)

FEED ZONE N.3 (km 71,3) – Medium and Extreme routes - Latteria Montespluga (Madesimo)

FEED ZONE N.4 (km 88) – Extreme – Refreshment station at Pian dei Cavalli (Madesimo), beverages only

FEED ZONE N.5 (km 94,6) – Extreme – Refreshment station at San Sisto (Campodolcino)

ART. 15 - COMPLAINTS AND INFORMATION

Any complaints must be submitted to the Organisation exclusively by email info@gravelspluga.it within 10 days of the publication of the list of finishers.

For information in English and Italian:

info@gravelspluga.it

ART. 16 - EVENT CANCELLATION OR POSTPONEMENT

If, for reasons of force majeure, the Event should not take place, the amount paid at the time of registration will not be refunded, but the participation fee alone will be considered valid in the event of a request for registration for the following edition. The request for registration for the following year and payment of the secretarial fee must be made by the date indicated by the Organiser after the Event has been cancelled.

Furthermore, in the event of force majeure or other serious reasons, which jeopardise the preparation of the Event or the participation in the Event by no less than half the number of those registered, the Organisation



reserves the right to reschedule the place and/or date of the Event within the same calendar year. In this case, the registration fee paid will be valid for the Event on the rescheduled date, without any additional costs for those registered. Moving the registration to the following year's edition is not possible in this case.

ART. 17 – CHANGES

The Organisation reserves the right to make changes to the Regulations at any time. The official Event website, where these Regulations are published, is the only official information source of the Event.

ART. 18 - RIGHTS AND OBLIGATIONS OF RIDERS

Runners are required to visibly affix the front number including the chip, provided by the organisation. These numbers may not be changed or altered in any way.

The use of a rigid helmet approved for cycling and keeping it fastened for the duration of the race is compulsory. Throughout the race, riders are obliged to comply with the Highway Code including in the time-trial sections. Keeping the mobile phone switched on is mandatory.

ART. 19 – DISQUALIFICATIONS FOR COMPETING RIDERS

Two-year disqualifications will be applied to those who:

- will make unauthorised route deviations;
- will behave insultingly and offensively towards the Organisation staff;
- will behave in an environmentally unfriendly manner such as littering outside the areas set up at the refreshment stations and controls.

We appeal to the civic sense of all participants to keep the areas along the route clean.

In serious cases, such as participation with another person's RACE NUMBER and unauthorised transfer of one's registration to third parties, at the sole discretion of the Organisation, disqualification may be for life.

Disqualifications imposed during the year may result in exclusion from the starting list at any time at the sole discretion of the Organisation.

It is strictly forbidden, under penalty of disqualification or exclusion, to use bicycles equipped with any kind of motor or movement assistance.

ART. 20 – OTHER RULES

For all matters not covered by these Regulations, the Event will apply the implementing rules of the F.C.I. and A.C.S.I. amateur sector.

ART. 21 - APPROVAL, CONSENT, AUTHORISATION, ETC.

By requesting to participate in GRAVEL MARATHON VALLE SPLUGA in any of the ways provided for in these regulations, each participant from the moment of registration:

- Declares to have read and approved these Regulations and to accept each and every part of them.
- Acts as guarantor of his/her own behaviour during and after the Event.
- Declares to be in good physical condition and to have delivered to the Organisation a valid medical certificate after having undergone a medical examination for competitive cycling or cycle touring (as per article 6),



providing the Organisation with the widest possible indemnity for any damage he/she may suffer as a result of his/her participation in the Event.

- He/she gives his/her consent to the use of his/her data, also for commercial purposes, in accordance with the provisions of the Personal Data Protection Code N. 196 of 30/06/2003 and the European Union Privacy Regulation 2017/679 (GDPR/18).
- He/she grants the Organisation the widest possible consent to use, in the ways permitted by law, including for profit, any of his/her video or photographic images taken during the Event, providing the Organisation with the right to transfer such images to third parties.

The aforementioned authorisation to use his/her image shall be understood to be granted for an indefinite period and without territorial limits throughout the world, for use in publications and various films, including, purely by way of example and without limitation, promotional and/or advertising materials produced on all media. The Organisation may also assign to third parties and to its institutional and commercial partners, the rights of use provided for in this agreement.

The Organisation declines all responsibility for itself and its staff, for accidents or damage to persons or property, which may occur before, during and after the Event or as a result thereof.

In addition, by submitting the online registration form, the participant self-certifies the non-existence of any sporting, civil and/or criminal sanctions, even if served, for doping-related facts and declares that he/she has not taken - and does not take - substances included in the World Anti-Doping Agency (WADA) anti-doping list <http://list.wada-ama.org/prohibited-all-times/prohibited-substances/>

False self-certification will be prosecuted under the law.

In the event of a positive result in anti-doping controls carried out during the race, or of a positive result ascertained within the following 6 (six) months, in other sporting events, the rider shall pay the MARATHON VALLE SPLUGA Organisation, as compensation for the serious damage caused to the image of the event, the sum of € 50,000.00 (fifty thousand/00 euros).

The sums that will be forfeited by the Organisation, as compensation for damage to image, will be entirely donated to youth sports activities.

ART. 22 – ORGANISATION, PROCESSING AND RECORDING OF PERSONAL DATA

The organising body of MARATHON VALLE SPLUGA, referred to herein as “Organisation” or “Organiser”, is: NUOVA CICLISTICA PLACCI SSD a r.l.

Via Della Repubblica, 10
40027 Mordano (BO) Italy

The aforementioned company is authorised by all participants to process and record their personal data. The personal data of all participants will be processed and recorded in accordance with the provisions of the Personal Data Protection Code N. 196 of 30/06/2003 and the European Union's Privacy Regulation 2017/679 (GDPR/18).